

148 THIRTIETH SUNDAY IN ORDINARY TIME

FIRST READING

Exodus 22.21-27

If you abuse any widow or orphan, my wrath will burn you.

A reading from the book of Exodus.

The Lord said to Moses:

“Thus shall you say to the Israelites,
these are the ordinances that you shall set before them.

- 21 “You shall not wrong or oppress a resident alien,
for you were aliens in the land of Egypt.
22 You shall not abuse any widow or orphan.
23 If you do abuse them, when they cry out to me,
I will surely heed their cry;
24 my wrath will burn,
and I will kill you with the sword,
and your wives shall become widows and your children orphans.
25 “If you lend money to my people, to the poor among you,
you shall not deal with them as a creditor;
you shall not exact interest from them.
26 If you take your neighbour’s cloak in pawn,
you shall restore it before the sun goes down;
27 for it may be your neighbour’s only clothing to use as cover;
in what else shall that person sleep?
And if your neighbour cries out to me,
I will listen, for I am compassionate.”

The word of the Lord.

A period of silence is observed after the reading.

RESPONSORIAL PSALM

Psalms 18.1-2, 3+6b, 46+50ab (R.1)

R. I love you, Lord, my strength.

- 1 I love you, O Lord, my strength.
2 The Lord is my rock, my fortress, and my deliverer.
My God, my rock in whom I take refuge,
my shield, and the source of my salvation, my stronghold. R.
3 I call upon the Lord, who is worthy to be praised,
so I shall be saved from my enemies.
6 From his temple he heard my voice,
and my cry to him reached his ears. R.

46 The Lord lives! Blessed be my rock,
and exalted be the God of my salvation.
50 Great triumphs he gives to his king,
and shows steadfast love to his anointed. **R.**

SECOND READING

1 Thessalonians 1.5c-10

You turned to God from idols to serve a living and true God,
and to wait for his Son.

A reading from the first letter of Paul to the Thessalonians.

5 You know what kind of persons we proved to be
among you for your sake.
6 And you became imitators of us and of the Lord,
for in spite of persecution
you received the word with joy inspired by the Holy Spirit,
7 so that you became an example
to all the believers in Macedonia and in Achaia.
8 For the word of the Lord has sounded forth from you
not only in Macedonia and Achaia,
but in every place your faith in God has become known,
so that we have no need to speak about it.
9 For the people of those regions report about us
what kind of welcome we had among you,
and how you turned to God from idols,
to serve a living and true God,
10 and to wait for his Son from heaven,
whom he raised from the dead—
Jesus, who rescues us from the wrath that is coming.

The word of the Lord.

A period of silence is observed after the reading.

GOSPEL ACCLAMATION

John 14.23

This verse may accompany the singing of the Alleluia.
If the Alleluia is not sung, the acclamation is omitted.

All who love me will keep my words,
and my Father will love them, and we will come to them.

GOSPEL

Matthew 22.34-40

You shall love the Lord your God, and your neighbour as yourself.

✠ A reading from the holy gospel according to Matthew.

- 34 When the Pharisees heard that Jesus had silenced the Sadducees,
they gathered together,
35 and one of them, a lawyer, asked him a question to test him.
36 “Teacher, which commandment in the law is the greatest?”
37 Jesus said to him,
“‘You shall love the Lord your God with all your heart,
and with all your soul, and with all your mind.’
38 This is the greatest and first commandment.
39 “And a second is like it:
‘You shall love your neighbour as yourself.’
40 On these two commandments hang all the law and the prophets.”
- The gospel of the Lord.